

# NEOPRENE WEIGHTLIFTING BELT – 10 CM



DIMENSIONS	<b>XS</b> – 760 x 100 x 10 mm
	<b>S</b> – 820 x 100 x 10 mm
	<b>M</b> – 910 x 100 x 10 mm
	<b>L</b> – 1000 x 100 x 10 mm
	<b>XL</b> - 1090 x 100 x 10 mm
WEIGHT	Between 230 and 300 g.
FEATURES	<b>Composition:</b> 80% Polyester (Neoprene), Nylon 10%, 5% Metal and 5% PVC
	<b>Color:</b> Black
	<b>Minimum and maximum diameter:</b>
	<b>XS</b> – 660 mm to 760 mm
	<b>S</b> - 750 mm to 860 mm
	<b>M</b> - 850 mm to 950 mm
	<b>L</b> - 940 mm to 1050 mm
	<b>XL</b> - 1040 mm to 1100 mm
	<b>Lumbar protection zone:</b>
	<b>10 cm</b> - 300 mm x 100 mm
FUNCTION	Adjustable velcro grip at waist.
	Quick tightening and release system.
MAINTENANCE	Protection in the lumbar and abdominal area in strength training exercises with heavy loads. Helps to contract the core while maintaining the stable without major variations.
	It is advisable to be cleaned, sanitized and dried after use. Do not put in direct contact with heat sources, or in places with cold temperatures and may lose its resistant properties. Store in a dry place.
WARRANTY	For end consumers: 3 years.
	For business consumers: 1 year.
	Exclusion of warranty: When misuse is verified. When proper cleaning and maintenance is not carried out as described in the maintenance point.