

## STACKABLE FOAM PLYOMETRICS BOXES





900 mm x 760 mm

**DIMENSIONS** Heights: 75 mm - 150 mm - 300 mm - 450 mm - 600 mm

Tolerance: 10mm to 20 mm

Heights:

75 mm - 2,2 kg

150 mm - 3,1 kg

WEIGHT 300 mm - 5 kg

450 mm - 7,1 kg

600 mm - 9 kg

Composition: Ultra-dense foam core with softer foam on all sides. Sturdy vinyl cover.

Color: Black

**FEATURES** Five boxes coupled and conjugated with different heights.

Removable cover.

Sold separately.

For plyometric training, in the exploration of muscles in rapid movements and explosion in eccentric and concentric

**FUNCTION** contractions. Foam absorbs the impacts of exercises.

with more weight on top.

For end consumers: 2 years.

**WARRANTY** For business consumers: 1 year.

Warranty exclusion: When misuse is verified. When not properly cleaned and serviced as described in maintenance.